

Choosing a Major or Career Direction

Many students enter Grays Harbor College without a clear idea of their career direction or intended major. The Counseling and Advising Center offers free, one-on-one career counseling sessions to assist students in the process of choosing a major or career.

A career counseling session typically begins with a conversation in which the student and counselor explore the student's previous experiences to identify interest themes, skills and values. It will generally include an occupational card sort in which the student reads the definitions of careers and chooses the ones that sound appealing, followed by discussion of what makes them interesting. Students also have an option of taking the Strong Interest Inventory or the Myers Briggs Type Indicator to help clarify their career interests and personality style as they relate to careers.

You can begin assessing your career interests via this link: [Look at your skills, interests and personality](#)

Career counseling also often includes research of careers that the student has identified as being of interest, along with discussion of how to reach occupational goals. You can access the Washington Occupational Information System from the Grays Harbor campus computers at this link: www.wois.org

The career counseling process generally takes 1-3 sessions and can be scheduled by calling 538-4099.