## Are you prepared for C.N.A. training?

Y/N

- 1. Can you stand, stoop, squat, sit or bend for adequate time periods to give resident care?
- 2. Can you read and write in English and understand the course material? This includes medical terms and requires a good working knowledge of the English language/
- 3. Do you have reliable transportation to get to the college and to the clinical site both during the week and weekend? Time may be as early as 6am and as late as 9pm.
- 4. Do you have sufficient physical ability to assist residents with moving, bathing, and transferring?
- \_\_\_\_\_ 5. Are you able to make observations with sight, hearing, smell, and touch?
- \_\_\_\_\_ 6. Do you have reliable child care arrangements for class and clinical obligations?
- \_\_\_\_\_ 7. Are you able to care for residents who may need assistance with bowel and bladder issues?
- \_\_\_\_\_ 8. Do you have the energy to work a full eight hours at a physical job?
- 9. Do you have the emotional stability to work with facility staff, residents, family members and other persons under sometimes stressful circumstances?